

Diabetes Prevention Through Schools' Programme

Are you at risk of diabetes?

Do you have any of these Symptoms?

Excessive thirst

Increased Fatigue

Blurred Vision

Frequent Urination

Weight Loss

Extreme Hunger

Are you at risk of developing Type 2 Diabetes?

Family History of Diabetes

Heart Diseases?

High blood Pressure?

Over weight

You May have type 2 Diabetes

“If you think you are at risk of Diabetes, then see a health worker and get tested”

**Remember
Early Diagnosis
is Vital**